

# DAY ONE PRAYER SHEET

. January 2, 2022

The Son of God began his earthly ministry with a forty-day fast. That encourages me to believe that we Christians should fast, too. And this, I think, is the essence of Christian fasting: To know God more. We ache and yearn to know more and more of all that God is for us in Christ Jesus. (And fasting with prayer helps us do that).

Charles Spurgeon said, *“Our seasons of fasting and prayer at the Tabernacle have been high days indeed; never has Heaven’s gate stood wider; never have our hearts been nearer the central Glory.”*

**Getting near the glory of God** is surely the key to burning with inextinguishable light and heat. And is this not the need of the hour—every hour—that the blind may see, and turn from darkness to His glorious light. The first reason we fast is because we want God more than we want anything this world has to offer,

- God wants us to *know* him. According to Jesus, eternal life is knowing God. “Now this is eternal life: that they may know you, the only true God, and Jesus Christ, whom you have sent” -John 17:3.
- When we pray for more of God, we gladly accept him as he is. This means accepting not only **his word** and **his ways** but also **his will**. *“Therefore do not be foolish, but understand what the Lord’s will is” - Ephesians 5:17.*
- God has a will of his own and He has a will of his own for each of us. He has a plan. He is not looking for our ideas or input. His will is revealed in his word – the Holy Scriptures. What he has in mind is infinitely better than anything we can come up with. *“For the Lord God is a sun and shield; the Lord bestows favour and honour; no good thing does he withhold from those whose way of life is blameless” (Psalm 84:11).* God only wants what is best for us. We are fools if we try to ‘better’ what God has in mind.

1. Begin with repentance for sin, pride, and for trying to use God – For seeking the gift and not the Giver.
2. Bring your Bible and pray with an open Bible before you.
3. Don’t just talk. Listen.