

# 21 DAY FAST AND PRAY

January 6, 2021

*"The greatest need for prayer in the church is in the Christian home." – Doug Small*

## Heavenly Homework.

1. In the book, "God, Please Help Me Pray!" read Chapter 3, pages 36 – 42. Write your answers to the six questions at the top of page 42.
2. Fast someday each day as God directs you.

## Faith and Prayer.

*"Faith and prayer select the things, and God commits himself to do the very things which faith and persevering prayer nominate and petition him to accomplish." – E. M. Bounds*

- a. Focused faith.** If there were any way to God other than by faith, people who are rich, talented, or extremely smart would have an advantage over the rest of us. But God has given every one of us a measure of faith and when faith is focused to grasp and hold on to the things asked for in prayer, without wavering or doubt or fear... that faith receives. *"Therefore I say to you, whatever things you ask when you pray, **believe** that you receive them, and you shall have them."* – Mark 11:24
- b. Prayer and God's Word.** Whether spoken or written, the word of God is sharp and powerful, and its promises are God's will. God's word undergirds our faith and is to be the foundation of our prayers. Freely remind God of His words and His promises when you pray – He doesn't mind at all. *"put the Lord in remembrance [of His promises], keep not silence..."* - Isaiah 62:6 AMPC God has handed us a book of his promises and word he has spoken, he will do. Kind David prayed, *"do as you have spoken."*

## HERE ARE EXAMPLES OF PROMISES YOU CAN PRAY:

1. God, you promised to supply all my needs. *"And my God will supply every need of yours according to his riches in glory in Christ Jesus," – Philippians 4:19*
2. God, you promised that things will turn out well for me. *"And we know that for those who love God all things work together for good, for those who are called according to his purpose," – Romans 8:28*
3. God, you promised to heal me and forgive my sins. <sup>14</sup> *Is anyone among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord. <sup>15</sup> And the prayer of faith will save the sick, and the Lord will raise him up. And if he has committed sins, he will be forgiven."* – James 5:14-15

## Four things to pray about tonight:

People are weary. Church leaders and laypeople are weary, too.

Pray for renewal

Pray for restoration

Pray for refreshing

Pray for revival (yes, two nights in a row).