

# 21 DAY FAST AND PRAY

January 10, 2021

*"God cares little for grandly constructed prayers crafted with fancy speech.  
When you pray, keep it simple, be specific, and tell God what's on your heart."*

*- Jerry Parks*

## Heavenly Homework.

1. In the book, "God, Please Help Me Pray!" read pages 62-69.\*  
\*NOTE: On page 67 the author writes, "Prayer is not in tongues." We disagree. Prayer is not always in tongues but can be. Paul said, "For he who speaks in a tongue does not speak to men but to God... I will pray with the spirit, and I will also pray with the understanding." I Corinthians 14:2, 15b NKJV
2. Fast someway each day as God directs you.

## While there is no prescribed formula for prayer, there are ways to and not to pray.

1. **Pray simply.** The best way to approach God is humbly, simply, and honestly. Simple and honest is better than long and flowery. When you are open and honest, straight forward, and transparent, God hears you.
2. **Pray specifically.** Sometimes our prayers are so vague we would never know if God answered. When you go to God in prayer, be specific, even if the need seems small and insignificant. If it matters to you, it will matter to God.
3. **Pray in unity with others.** If prayers move God, then unified prayers do so with greater effect. Believers agreeing and praying with other believers is powerful indeed. "Again, I say to you that if two of you agree on earth concerning anything that they ask, it will be done for them by My Father in heaven. <sup>20</sup> For where two or three are gathered together in My name, I am there in the midst of them." - Matthew 18:19-20 NKJV

## Here are some things that we can pray simply, specifically and in unity tonight.

Pray that unbelievers everywhere will be saved

Pray to know God more

Pray for the fullness of the Holy Spirit to be released, uncaged in our churches

Pray that signs and wonders will confirm God's word

Pray that preaching of the gospel will be effective

Pray that people in bondage will be set free and demons will be cast out

Pray for unity and harmony in the church

Pray for discernment

Pray that our faith will not fail "I have prayed for you that your faith may not fail. And when you have turned again, strengthen your brothers." - Luke 22:32

Pray that you will be able to pray in the Spirit.

*"Likewise the Spirit also helps in our weaknesses.*

*For we do not know what we should pray for as we ought, but the Spirit Himself makes intercession for us with groanings which cannot be uttered." - Romans 8:26*